# Harrogate Neighbours Quarterly News Issue 2 - Spring 2023

As we saw many Covid restrictions lifted at our sites, life has begun again for our clients across all our services. It has been quite a busy time over the Christmas holidays and the ensuing winter months, and I think we are all ready to see the longer days and watch with delight all that will start growing in our gardens this spring.

Harrogate Neighbours' 'community' is ever growing and we welcome anyone to join in, whether that's volunteering some time or just popping in for a hot drink and a piece of cake.

I am delighted that the move from our old site on Pannal Ash Road to our new one in Boroughbridge went well, and our new name is Heath Lodge Community Haven. We are now based on York Road (the site of the old North Yorkshire County Council care home, Springfield Garth).

> This Issue is proudly sponsored by:

worldpay from FIS

A huge thank you must go to the staff at Heath Lodge who made sure that the move went very smoothly, but also all the support that was provided by other departments across Harrogate Neighbours, and of course to the members of BNI Network Central who continue to help us in so many ways - an open day will be organised and a date will be shared very soon.

Thank you for taking the time to read our newsletter and we hope that you will enjoy reading about us and find something that you would like to get involved in.

Sue Cawthray - Chief Executive Officer



Reception: 01423 888777 | Meals on Wheels: 01423 888083 Email: info@hnha.co.uk | Website: www.harrogateneighbours.co.uk







# • Updates/Events

#### Special Mentions!

A very happy birthday to Mrs Peacock, one of our Meals on Wheels Clients who celebrated her 100th birthday in February! Our fantastic Food Angels team prepared her an afternoon tea, and delivered her flowers and cards to mark such a special occasion.

Margaret and her husband Fred celebrated their 60th Wedding Anniversary in February at The Cuttings and received a special letter from King Charles III - this is quite a historic moment as they will be among the first to receive this recognition from the King! Our fantastic Chef, Marc, made them a Victoria Sponge to mark this milestone, joined by tenants and staff!



#### Community Easter Egg Hunt

As Community Garden Week and Easter fall in the same week, we decided to combine the two! Join us on Tuesday 4th April for an Easter Egg hunt in our newly refurbished sensory garden at The Cuttings in Starbeck!

All ages welcome - The hunt starts at 2:30pm sharp with fun prizes to be won! If egg hunting isn't for you then why not come and watch with a cuppa and a slice of cake? We look forwards to seeing you there.



# What's happening this Spring

#### Women at work

The 8th March marks International Women's Day and as around 80% of carers in the UK are women, we have decided to celebrate in a special way. Keep your eyes peeled across media as we share our rather different story of empowerment across Harrogate Neighbours.

#### The path to access!

The paths at the Cuttings are almost complete! Lee and his team will be back soon to do the pointing to make sure it is safe. It has not been an easy task as the ground at The Cuttings has experienced heavy rainfall, and due to previous contamination we had to remove and replace a lot of soil. A huge thank you to 'Lee Build' who have worked in all weather conditions to provide access for our residents. families and visitors to have more access to the gardens' beautiful scenery. The team at 'Gill's Joinery' have also erected a pergola in time for sunnier weather and we cannot wait to see how our gardener Caroline brings colour, and encourages nature into our grounds.

### A "real life" Easter Egg Hunt

We are on the lookout for donations of around 200 Easter Eggs to share with our clients across Harrogate
Neighbours. If you are able to help, we would love to hear from you! Please contact Sue or Louise on 01423
888777.

#### Recruitment Takes the Mic!

This year at The Cuttings, we did Valentines Day a little differently. We were joined by BBC Look North who interviewed couples at The Cuttings! Fred spoke of his 60 years of marriage with Margaret, and Pat & Clive shared their beautiful story, too. We are so grateful for their participation and both stories made for a heartfelt news segment.

Alongside the interviews, our recruitment co-ordinator, Olivia, took to the mic to raise money for a university research trip to Ghana. Tenants, staff and friends of The Cuttings made generous donations and enjoyed a sophisticated cheese and wine afternoon whilst listening to some golden oldies and a few musical theatre classics.

"On behalf of the group of students who are going on the trip with me to Ghana, I wanted to say a huge thank you to everyone for the support and love shown on Valentine's Day. The research we will do in Ghana will give us a vital insight into the global issues local communities are facing there. Your support has been incredible, and gets us another step closer to our fundraising target!" - Olivia





#### Community Companionship

Back in our Winter Newsletter, our fantastic Senior Team Leader, Jen, was working hard to bring individuals together and tackle loneliness in the community.

In just a short few months, we have had a group of clients who now visit the Cuttings to join various activities and new friendships have bloomed! One community client, Alan, even had a go at reading to some children from Richard Taylor Primary School!

The children visited The Cuttings during National Storytelling Week to read some of their favourite stories with the tenants. When the tables turned and the children suggested an adult read a story, Alan stepped up to the mark.

He said: "I used to be a chemist and I have a PHD, but that doesn't change anything – I like children, I think most people do, and I will do anything to take part, it's great fun."

### Afternoon Tea for two

Stuck for a Mother's Day gift?

Our afternoon tea for two boxes are available to order for just £9.95!
Each box is beautifully packaged by our hospitality team and makes for an excellent gift for a loved one.

Please place orders by Wednesday 15th March. They will be available on Saturday 18th for collection or delivery at a small cost. Phone us on 01423 888777 to place an order or email info@hnha.co.uk

### Volunteering

### A heartfelt thank you to an old friend

It is with great sadness that we heard the news that former volunteer and dear friend of Harrogate Neighbours Reg Pratt passed away. Reg began volunteering for us with his wife at the very beginning of our Food Angels journey in 2012. Unfortunately, Reg's wife passed away, but Reg continued to help out and when it became too much his daughter Janet volunteered regularly in his place. Reg became a recipient of the meals service himself and we visited him with a meal during NACC National Meals on Wheels Week when he had a starring role in a TV news story. When Food Angels received the Queens Award for Voluntary Service, Reg was invited to afternoon tea at The Cuttings to receive the award on our behalf from Jo Ropner, Lord Lieutenant of North Yorkshire. He was a true gentleman and our sincerest condolences go out to his family.



#### How can you help?

We are looking for a volunteer driver to assist tenants at The Cuttings, Starbeck on their weekly shopping trip!

Our driver must be:

- Available one morning every week
- Have a valid UK driving licence
- Able to assist with shopping bags etc.

Our tenants and staff are searching for a volunteer to run a bi-weekly choir group at the Cuttings in Starbeck. Must be:

- A confident singer
- Someone with a positive and fun attitude

To be a Meals on Wheels Volunteer, all you need is:

- Valid UK driving licence
- A car
- A friendly and approachable nature

Join a team of fantastic volunteers in our ever growing community of Food Angels!

All our voluntary roles come with a DBS check, mileage covered and full support and training. Please send an introductory email to info@hnha.co.uk or phone us on 01423 888777 and let us know what role you are interested in!

#### Meals on Wheels

Are you or a loved one in need of a hot, home-cooked meal?

Our Meals on Wheels service has been in action over 10 years and has supported our local community ever since!

We deliver meals around Harrogate, Ripon, Boroughbridge and Knaresborough.

If you think we could help, please contact our Food Angels team on 01423 888083 or send an email to foodangels@hnha.co.uk

Scan the QR Codes for more info





### Heath Lodge Community Haven

#### Residential Care, Boroughbridge

Our residents at Heath Lodge have a new home! Residents are now settled in and enjoying a brand new place to live: Heath Lodge Community Haven.

We would like to thank everyone who got involved and helped in the process over the past few months and to those who gave gifts and well wishes to our staff and residents on their move.

If anyone would like to get involved or know more about us then please feel free to contact our management team on 01423 882970 or email info@hnha.co.uk

Our new address is now:

Heath Lodge Community Haven York Road Boroughbridge **YO51 9EW** 





#### Talk to usl

We would love to hear from you if you are a part of a community in Boroughbridge.

An open day will be arranged in the near future, if you are interested in finding out more about us we would be happy for you to visit. Please keep an eye out for our future open days advertised or phone and register your interest with us.

As we are now part of Boroughbridge, we are excited to announce that we have employed staff in the local area so would like to welcome to the team: Karen. Debbie. Lauren and Rob!

Feel free to have a look on our back page for more information about the jobs we have to offer or visit www.harrogateneighbours.co.uk Alternatively, send an introductory email to our recruitment team at recruitment@hnha.co.uk

We hope to see new faces soon!

Heath Lodge Community Haven, Boroughbridge: 01423 882970 Email: info@hnha.co.uk | Website: www.harrogateneighbours.co.uk







Sponsor in the Spotlight

Jamie Cramp - Regional Business Manager - World Pay from FIS

#### Tell us about what you do!

I help businesses within the local community grow, by improving the way they take secure card payments.

## What is your involvement with Harrogate Neighbours?

My initial involvement with Harrogate Neighbours was through Sue Cawthray, we met at our local networking group, BNI Network Central. Sue has entrusted Worldpay to provide the merchant services requirements for Harrogate Neighbours, and I am their Account Manager.





#### Is there anything that inspires you in the Care Sector?

The main thing that inspires me about the Care Sector is the workforce within it. They help to improve people's lives on a daily basis, by providing a high level of care. I feel as though this is a role that a lot of people may shy away from, so I have a lot of respect for them and the difference that they make.

#### Describe Harrogate Neighbours in your own words!

Harrogate Neighbours provides an outstanding service to the people of their community; Whether that be the homely feel of the residential service, the support of elderly wanting to stay in their homes for longer or their meals on wheels service, Sue and the team go above and beyond, making them an integral part of the Harrogate community.

## Why is it important for BNI Network Central to have a link with a charity like Harrogate Neighbours?

Charities need constant avenues of funding opportunities, networking, and partnerships – this is where BNI Network Central excels – because of the diversity of the services that Harrogate Neighbours provides there are lots of opportunities for members of the group to support this amazing organisation by their services, contacts and of course giving of their time too.

We would like to share a huge thank you to Jamie for taking time out to answer a few questions and sponsor our newsletter! If you think Jamie's services might be of use to you, please contact him on:

Tel: 07385 939 809

Email: jamie.cramp@fisglobal.com

# Information

#### Come and join us

We welcome anyone to come and join us at The Cuttings. Our restaurant offers a warm space between 9am-5pm every day with wheelchair accessible spaces both inside and outside.

If you'd like to join us for lunch, contact us on 01423 888777 to see what our meal options for the day are and book your place.

We have a weekly Bingo session every Wednesday at 2:30pm. Join us for lunch followed by a spot of Bingo!



#### Spa Bath Experience

We provide a luxury spa bath experience for anyone who may require assistance using hygiene facilities.

Our friendly Carers at The Cuttings will greet clients at the door and provide as much or as little support required whilst ensuring a safe and relaxing environment for individuals to bathe.

Phone our care team on 01423 888777 or email info@hnha.co.uk for more information.

# Make use of our Meeting Room

Our meeting room can be used for anyone looking for a space to gather for a meeting as a one off or regular occurance. Please get in touch if we can help!

Contact Louise on 01423 888777 or send an introductory email to info@hnha.co.uk

#### Support our projects!

As a not-for-profit organisation, donations go a long way.

Any donations made go towards our care programmes or latest projects. Scan the QR code or send an email at info@hnha.co.uk to find out more information about how your donations can help and what are current projects are!



donate here!

### Work with Us!







With a competitive salary, and lots of benefits to support your journey with us, Harrogate Neighbours has so much to offer especially a good work-life balance to provide you with the rest time and flexibility you deserve.

We work in Starbeck, Boroughbridge and the Harrogate Community

#### Job role variations:

Housekeeping



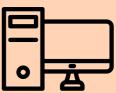




Hospitality



Admin



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Subscribe to our future newslettersl

Don't worry, we won't fill your inbox with anything else. See what we are up to each quarter and stay up to date with

Visit our website and sign up at the bottom of the page!





#### Looking for local services?

BNI have a wide range of services from websites, joinery, and insurance, to heating, finance, and security. Click the link below or call us on 01423 888777 for contact details for various industries!

**CLICK HERE!** 

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Reception: 01423 888777 | Greenfield Court Care 01423 880487 Email: info@hnha.co.uk | Website: www.harrogateneighbours.co.uk





